



Specialist Nurse Consultancy | Complex Care, Governance & Global Health

Helping your services exceed clinical, regulatory, and workforce standards.

These are the areas where we can support you:

- Safeguarding / Complaints Support
- TDDI policy development and CQC-regulated activity readiness
- Clinical pathway design for children e.g. PEG, CPAP, tracheostomy, epilepsy, neuro-disability, and enteral feeding
- Nurse-led training programmes aligned with NICE, NMC, building escalation pathways and safeguarding guidance
- Clinical governance reviews and quality assurance
- Clinical supervision and team resilience initiatives
- Ongoing or short-term consultancy to strengthen care quality, reduce risk, and support inspection readiness

Whether you are expanding into complex care, responding to safeguarding or CQC concerns, or seeking a fresh clinical perspective, Helen Layton Consulting provides evidence-based, child-centred solutions tailored to your service's needs.

Helen also provides consultancy in maternal and child health, drawing on two decades of international and UK-based public health experience, research expertise, and a strong track record of leading maternal health initiatives in resource-limited settings.



About Helen Layton

Helen Layton is an independent Nurse Consultant, Clinical Lead, and Global Health Advisor with over 25 years' experience across maternal, neonatal, and child health in diverse clinical, humanitarian, and advisory settings. Trained to Master's level with specialist qualifications in Paediatric Nursing, Specialist Community Public Health Nursing (SCPHN), Neonatal Intensive Care (QIS), and Tropical Nursing, Helen combines deep clinical expertise with strategic leadership.

As a Fellow of the Faculty of Remote, Rural & Humanitarian Healthcare and the Royal Society of Public Health, she has contributed to international neonatal care standards and regularly advises executive teams of multinational organisations on global health risks. Her portfolio spans the UK, Spain, Malawi, Uganda, India, Romania, and Mali, where she has led complex case coordination, regulatory compliance, and healthcare workforce development.

Helen currently leads a Children's Complex Care service in the UK while providing consultancy to organisations seeking evidence-based strategies, skilled workforce training, and outcomes-focused solutions in both regulated healthcare and global health contexts.

Consultancy Format & Fees

- **£85 per hour** for clinical consultancy and governance support (2-hour minimum)
 - **£650 per day** for on-site reviews, training, or project-based consultancy
 - **Free 20-minute discovery call** for all new clients
 - Bespoke packages available for TDDI compliance, CQC readiness, and training delivery
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Get in Touch

To explore how Helen Layton Consulting can support your service to improve complex care delivery:

Email: info@helenlaytonconsulting.com

Mobile: 07772 457744

Free 20-minute discovery call available